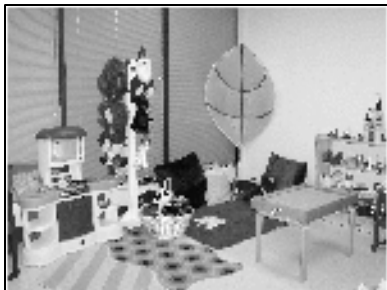




The Sexual Assault Centre of Edmonton (SACE) offers individual counselling for boys and girls between the ages of 3 and 17 years. In order for children to be seen for counselling, the sexual abuse or assault has to have been reported to Alberta Child and Family Services (1-800-387-5437) and/or the police (423-4567).

The emotional healing that occurs in therapy helps children feel better about themselves, increases positive coping skills and improves their ability to enjoy their day-to-day lives.



PLAYROOM

COUNSELLING SERVICES

After reporting the abuse/assault to Alberta Child and Family Services and/or the police, the parent or guardian of the child can call SACE (423-4102) and ask to speak to one of the Child and Adolescent Psychologists. The psychologist will complete the intake process with the parent or guardian, covering the background information regarding the history of abuse/assault. Once the intake is completed, an appointment is scheduled. The waiting list varies but is typically no more than two weeks, with emergency appointments being made available when necessary.

Counselling focuses on aiding the child in coping with and resolving the issues related to the past sexual abuse or assault. The children typically engage in play therapy, which provides a safe forum for children to express their feelings and emotions about the past sexual abuse. The Child and Adolescent Program has a well equipped playroom where the children are able to express their feelings through play using the various therapeutic toys (sand tray, puppets, paints, clay, etc.).

CAREGIVERS SUPPORT

Sexual abuse impacts not only the child but also their family and friends. After a child discloses, the family may find themselves in crisis. Supports are available to those who are impacted by this abuse to assist them with the emotions and questions that may arise.



The Sexual Assault Centre of Edmonton offers individual and group counselling, along with access to the 24 Hour Crisis Line (423-4121) for those impacted by this abuse.



PSYCHOLOGISTS

The Sexual Assault Centre of Edmonton currently has two psychologists in the Child and Adolescent Program. Both psychologists have extensive and diverse experience working with children who have been victims of sexual abuse.

To report a suspected case of child abuse call your local Alberta Child and Family Services office, or after hours contact the Child Abuse Hotline at the numbers below:

- North Central/NW- 415-6012
- Northeast - 422-2112
- Central - 415-9619
- East - 427-6440
- West Central - 427-1551
- Southeast - 422-4060
- Southwest - 427-9040
- Child Abuse Hotline - 1-800-387-5437

If you are interested in your child receiving counselling, please contact the Child & Adolescent Psychologists by calling the Sexual Assault Centre of Edmonton at 423-4102.

For concerns regarding a child's immediate safety call the police. For support, please call the 24 Hour Crisis Line at 423-4121.



Contrary to popular belief, sexual abuse of children is not a rare occurrence, nor is it confined to any one social class, ethnic group, gender or religious background. It can happen to any family and occurs more than we would like to think. In fact, documented estimates suggest one in four girls and one in six boys will have unwanted sexual contact with an adult.

Fortunately, a child can recover from the abuse. With the support of their family, friends and community, children are able to deal with the sexual abuse and improve their outlook on themselves and on life.

Children's Counselling Program



**SPEAK UP!
SOMEONE WILL LISTEN!**

Sexual Assault Centre of Edmonton
205, 14964 - 121A Avenue
Edmonton, AB T5V 1A3

Business Line	(780)423-4102
24 Hour Crisis Line	(780)423-4121
Website	www.sace.ab.ca
E-mail	info@sace.ab.ca



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CAPITAL CITY SAVINGS
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