

- Be aware and ride safely.
- Pay attention to your surroundings. Know the bike paths and roads. Maps are available for bike routes and bike lanes throughout the city.
- Avoid distractions such as headphones and music.
- Wear an approved helmet.
- Prepare yourself and your bike. Know what is required to comply with the rules of the road. For example, a bell and appropriate working lights and reflectors.
- Be visible by dressing in bright and reflective wear.
- When using bike routes, dismount when crossing intersections. When in the crosswalk, cyclists become pedestrians. Look both ways and ensure all vehicles stop before proceeding.
- When using bike paths, stay to the right side and be aware of other cyclists and pedestrians. Be courteous and use your bell to indicate your intent to pass.
- Look around and note your environment. Vehicles may not see you - do not assume you have the right of way, even if you are entitled to it.
- Carry identification while riding. In case of emergency, this may save your life. Include emergency contact and medical allergy information.
- Carry emergency supplies such as an extra tube, patch kit and a pump or inflation device. Learn how to change a tire.
- Be prepared for sudden weather changes. Dress in layers and bring water.
- Always secure your bike to a heavy, non-moving object, even if you are leaving it for a minute. Theft happens; it does not have to happen to you.

Your best weapon is your brain. Use common sense, imagination, and good judgment.