

- Your safety is your number one concern! Never retaliate or take the other driver's action personally. It is never about "getting even."
- While you cannot control the actions of the drivers around you, you can control your reactions to them. Remain calm. Keep your cool.
- Do not allow a stranger you will likely never see again dictate your mood for you. An aggressive driver is merely expressing their frustration or inability to cope. Do not personalize the issue or allow it to ruin your day.
- Mistakes happen. Consider the other driver just made a mistake. Be polite and courteous. Your ability to understand and forgive benefits your own mood. Keep a cool head.
- Avoid eye contact with an aggressive driver. Refrain from making rude gestures. Use your horn for emergencies. Avoid confrontation. It is just traffic and that driver will be out of your life soon.
- Protect yourself. If confronted by an aggressive driver ensure your doors are locked and your windows are up. Leave enough room to pull out from the car in front of you. Call 911 or drive to the nearest police station.
- It is not your job to teach, punish or confront an aggressive driver. If you witness something you think is road rage, call the police and leave it to them. You may prevent a tragedy.
- Set an example by being a courteous driver. Control your frustration with traffic. Drive the speed limit. Do not tailgate, block the passing lane or cut off other drivers. Be respectful of other drivers and treat them as you want to be treated
- Minimize stress before your trip. Give yourself plenty of time to get there. Listen to music you enjoy. Adjust your seat, mirrors and the temperature in the vehicle for your comfort and safety.

**Personal frustration or impatience is the real danger.**